

## ABSTRACT

A communication method according to the present invention, which is a communication method for a CSMA network including a radio terminal 4 and a base station 2 to which the radio terminal 4 belongs and supports RTS/CTS to prevent a collision of packets due to a hidden terminal, includes: RTS-transmitting including the base station 2 transmitting an RTS frame to the radio terminal 4 during a transmission-suspend-period in which the radio terminal 4 suspends transmission to prevent the collision of packets; RTR-transmitting including the radio terminal 4 transmitting an RTR frame to the base station 2 after the transmission-suspend-period has elapsed; and data-transmitting including the base station 2 transmitting a data frame to the radio terminal 4 in response to the RTR frame.